

Founded in 1981, the BalletNova Center for Dance (previously Arlington Center for Dance) is widely regarded as a premier dance education center of Metro DC. BalletNova is dedicated to educating and mentoring dancers in a positive, nurturing environment. The school instills in its students an understanding that they can push themselves and reach their fullest potential while still caring for their bodies, balancing their lives, and learning healthy life habits.



Serious ballet training with the finest professional instructors in a nurturing and respectful environment is the hallmark of the BalletNova pre-professional program.

Our training prepares young dancers for professional careers should they choose in. Our philosophy of teaching focuses on building not only technical strength and artistic excellence but also confidence and self-esteem. In addition to the professional experience and diverse backgrounds of our highly qualified faculty, our curriculum incorporates elements from the Royal Academy of Dance (RAD) and American Ballet Theatre National Training Curriculum™ syllabus.

Many of our students have gone on to professional careers with internationally known companies, including American Ballet Theatre, Dance Theatre of Harlem, Ohio Ballet, Houston Ballet, Dresden Ballet, Pittsburgh Ballet, Ballet Met Columbus, Pacific Northwest Ballet, Royal Ballet, Louisville Ballet, Connecticut Ballet, and Los Angeles Ballet. Others continue on to college dance programs and pursue other dance and theatre related career paths.



## BalletNova Center for Dance

Laveen Naidu, Artistic Director  
 Constance Walsh, Director of Enrichment & Adult Programs  
 Jenna Ward, Managing Director  
 Deko Ruch, Registration & Front Desk Manager  
 Kacie Peterson, Program Manager

### Faculty

Candy Braden Lumpkin  
 Cynthia Bragg  
 Colleen Buck  
 Silvia Burstein  
 Carole Ann Clark  
 Shu-Chen Cuff  
 Becky Epstein  
 Pat Foreman  
 Fiona Green  
 Abby Leithart  
 Jeremy McShan  
 Harriet Moncure Fellows  
 Lynne Mulligan  
 Carmen Perez  
 Mark Rubin  
 Elizabeth Spatz  
 Michael Stokes  
 Maggie Sullivan  
 Meredith Swift  
 Elizabeth Watson  
 Maria Watson  
 Irina Wunder  
 Hilary Zeiss



# Pre-Professional Schedule 2018-19



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# Class Schedule

September 4, 2018-June 23, 2019 (Annual Schedule for 39 weeks)

*Subject to change*

<b>Junior Division 1a</b>	<b>Tuition: \$1,800</b>	<b>Junior Division 6</b>	<b>Tuition: \$4,325</b>
W 4:30-5:30 PM		Tu 5:00-6:00 PM - Modern	
Sa 9:00-10:15 AM		Tu 6:00-7:30 PM	
<b>Junior Division 1b</b>	<b>Tuition: \$1,800</b>	Th 4:30-5:30 PM - Conditioning	
Th 5:30-6:30 PM		Th 5:30-7:30 PM	
Sa 11:30 AM-12:45 PM		F 4:15 - 5:45 PM	
<b>Junior Division 2</b>	<b>Tuition: \$1,800</b>	F 5:45-6:45 PM - Jazz (Additional fee)*	
W 5:30-6:30 PM		Sa 11:00 AM-1:00 PM	
Sa 10:15-11:30 AM		<b>Conservatory Division 1</b>	<b>Tuition: \$5,665</b>
<b>Junior Division 3a</b>	<b>Tuition: \$2,540</b>	M 3:45-5:30 PM	
M 6:45-8:00 PM		M 5:30-6:30 PM - Pointe	
W 4:45-6:00 PM		Tu 2:30-3:30 PM - Rotating Private Lessons	
Th 5:30-6:45 PM		Tu 3:30-5:00 PM	
<b>Junior Division 3b</b>	<b>Tuition: \$2,540</b>	Tu 5:00-6:00 PM - Pointe	
M 5:30-6:45 PM		W 3:30-4:30 PM - Rotating Private Lessons	
W 6:00-7:15 PM		Th 2:45-3:45 PM - Rotating Private Lessons	
Th 6:45-8:00 PM		Th 3:45-5:30 PM	
<b>Junior Division 4a</b>	<b>Tuition: \$2,940</b>	Th 5:30-6:30 PM - Pilates	
M 4:30-6:15 PM		Th 6:30-7:30 PM - Jazz	
M 6:30-7:30 PM - Jazz (Additional fee)*		F 2:45-3:45 PM - Rotating Private Lessons	
Tu 6:15-8:00 PM		F 4:00-5:45 PM	
F 6:15-8:00 PM		F 5:45-6:45 PM - Pointe/Variation	
<b>Junior Division 4b</b>	<b>Tuition: \$2,940</b>	Sa 1:15-2:45 PM	
M 4:30-6:15 PM		<b>Conservatory Division 2/3</b>	<b>Tuition: \$5,825</b>
M 6:30-7:30 PM - Jazz (Additional fee)*		M 2:45-3:45 PM - Rotating Private Lessons	
Tu 4:30-6:15 PM		M 3:45-5:30 PM	
F 4:30-6:15 PM		M 5:30-6:30 PM - Contemporary	
<b>Junior Division 5</b>	<b>Tuition: \$3,625</b>	M 6:30-7:30 PM - Pilates/Conditioning	
Tu 6:00-7:30 PM		Tu 2:30-3:30 PM - Rotating Private Lessons	
Th 4:30-5:30 PM - Conditioning		Tu 3:30-5:00 PM	
Th 5:30-7:30 PM		Tu 5:00-6:00 PM - Pointe/Variation	
F 5:45-6:45 PM - Jazz (Additional fee)*		W 3:30-4:30 PM - Rotating Private Lessons	
Sa 10:15-12:15 PM		Th 2:45-3:45 PM - Rotating Private Lessons	
		Th 3:45-5:30 PM	
		Th 5:30-6:30 PM - Jazz	
		F 2:45-3:45 PM - Rotating Private Lessons	
		F 3:45-5:30 PM	
		F 5:30-6:30 PM - Pointe/Technique/Variation	
		Sa 1:15-2:45 PM - Company Class	

\* Any additional semester class will be offered to all PreProfessional

Division students at **50% off** the regular semester tuition!

## ENROLLMENT, PAYMENTS AND TUITION

**Tuition is not refundable** (unless the Center cancels a class or workshop). BalletNova Center for Dance is a 501(c) (3) non-profit organization and cannot provide refunds. **If a student decides to voluntarily drop out of a class, they are still responsible for the full tuition.**

Tuition shown is for the full academic year, from September 2018 through June 2019. Re-enrollment will not be necessary for the winter-spring semester except for additionally enrolled Enrichment Division classes. Tuition may be paid in full or monthly in installments. Dancers joining the program throughout the year will receive a pro-rated tuition for the remaining classes. All pre-professional students will be required to sign a dance school contract for the year.

**Attendance/Punctuality:** Students who are more than 10 minutes late will be asked to return for a makeup on another day, or take a later class (missing the initial warm-up can contribute to injury; latecomers also disrupt the class for the teacher and other students). If a dancer is going to be absent you should call or email the studio to excuse the child. Dancers can take a makeup class in an equivalent or lower level class . Make-ups cannot be taken during observation classes in January and June (contact the studio for schedule information during those months). Make ups are not available between family members and must be taken within the same semester.

**Etiquette:** Dancers will show respect and courtesy for all students, teachers and staff members. Disruptive and improper behavior will not be tolerated – neither will bullying, negative, derogatory comments, or overblown egos. At BalletNova, we all support and encourage each other. Parents are requested to sit in the community room during class, and not in the hallways. Children under the age of 15 are not allowed to sit in the studio during an adult class. If children cannot quietly (as determined by the instructor) sit in the hallway or in the waiting room parents need to make babysitting arrangements for them outside of the studio premises

See full details on payments, policies and procedures in our Brochure or website.

**www.BalletNova.org**