

Founded in 1981, the BalletNova Center for Dance (previously Arlington Center for Dance) is widely regarded as a premier dance education center of Metro DC. BalletNova is dedicated to educating and mentoring dancers in a positive, nurturing environment. The school instills in its students an understanding that they can push themselves and reach their fullest potential while still caring for their bodies, balancing their lives, and learning healthy life habits.



Serious ballet training with the finest professional instructors in a nurturing and respectful environment is the hallmark of the BalletNova pre-professional program.

Our training prepares young dancers for professional careers should they choose in. Our philosophy of teaching focuses on building not only technical strength and artistic excellence but also confidence and self-esteem. In addition to the professional experience and diverse backgrounds of our highly qualified faculty, our curriculum incorporates elements from the Royal Academy of Dance (RAD) and American Ballet Theatre National Training Curriculum™ syllabus.

Many of our students have gone on to professional careers with internationally known companies, including American Ballet Theatre, Dance Theatre of Harlem, Ohio Ballet, Houston Ballet, Dresden Ballet, Pittsburgh Ballet, Ballet Met Columbus, Pacific Northwest Ballet, Royal Ballet, Louisville Ballet, Connecticut Ballet, and Los Angeles Ballet. Others continue on to college dance programs and pursue other dance and theatre related career paths.



## BalletNova Center for Dance

### Artistic Director

Matthew Powell

### Director of Adults, Youth and Teen Programs

Constance Walsh

### Managing Director: Jenna Ward

### Registration & Front Desk Manager: Deko Ruch

### Program Manager: Kacie Peterson

### Faculty

Candy Braden Lumpkin

Cynthia Bragg

Colleen Buck

Silvia Burstein

Carole Ann Clark

Lisa Clarkson

Sabrina Cohn

Shu-Chen Cuff

Leslie Kidd Egge

Becky Epstein

Pat Foreman

Samantha Greymont

Danielle King

Abby Leithart

Jeremy McShan

Harriet Moncure Fellows

Lynne Mulligan

Carmen Perez

Melanie Riffée

Denise Rose

Mark Rubin

Kyoko Ruch

Elizabeth Spatz

Meredith Swift

Veronique Tran

Amy Tsui

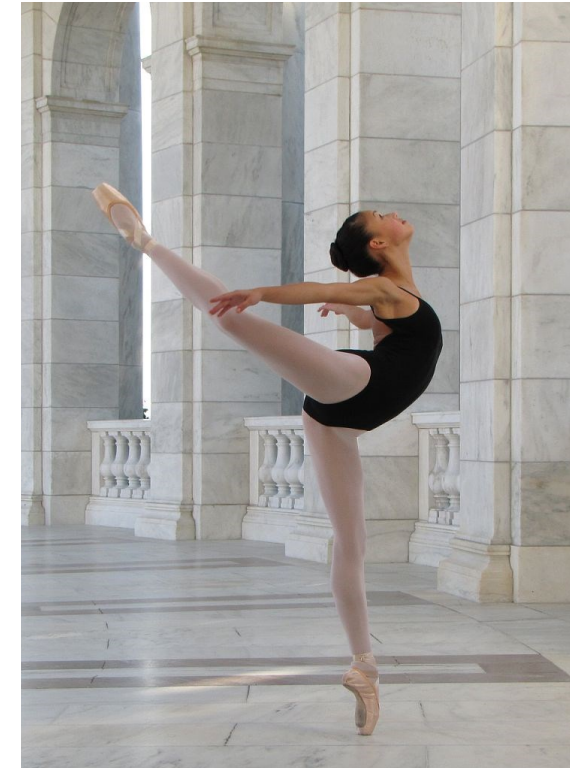
Ann Marie Turnage

Maria Watson

Irina Wunder



# Pre-Professional Schedule 2019-20



BalletNova Center for Dance  
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[www.BalletNova.org](http://www.BalletNova.org)

# Class Schedule

September 3, 2019-June 21, 2020 (Annual Schedule for 39 weeks)

*Subject to change*

## Tuition: \$1,850

**Junior Division 1a**  
W 4:30-5:30 PM  
Sa 9:00-10:15 AM

## Tuition: \$1,850

**Junior Division 1b**  
Th 5:30-6:30 PM  
Sa 11:30 AM-12:45 PM

## Tuition: \$1,850

**Junior Division 2a**  
W 5:30-6:30 PM  
Sa 10:15-11:30 AM

## Tuition: \$1,850

**Junior Division 2b**  
W 6:30-7:30 PM  
Sa 12:45-2:00 PM

## Tuition: \$2,450

**Junior Division 3a**  
M 6:45-8:00 PM  
W 4:45-6:00 PM  
Th 5:30-6:45 PM

## Tuition: \$2,450

**Junior Division 3b**  
M 5:30-6:45 PM  
W 6:00-7:15 PM  
Th 6:45-8:00 PM

## Tuition: \$3,000

**Junior Division 4a**  
M 4:30-6:15 PM  
M 6:30-7:30 PM - Jazz (Additional fee)\*  
Tu 6:15-8:00 PM  
F 6:15-8:00 PM

## Tuition: \$3,000

**Junior Division 4b**  
M 4:30-6:15 PM  
M 6:30-7:30 PM - Jazz (Additional fee)\*  
Tu 4:30-6:15 PM  
F 4:30-6:15 PM

## Tuition: \$3,650

**Junior Division 5a**  
Tu 6:15-7:45 PM  
Th 4:30-5:30 PM - Conditioning  
Th 5:30-7:30 PM  
F 5:45-6:45 PM - Jazz (Additional fee)\*  
Sa 9:15-11:15 AM

## Tuition: \$3,650

**Junior Division 5b**  
W 5:30-7:00 PM  
Th 4:30-5:30 PM - Conditioning  
Th 5:30-7:30 PM  
F 5:45-6:45 PM - Jazz (Additional fee)\*  
Sa 10:15-12:15 PM

## Tuition: \$4,375

**Junior Division 6**  
Tu 5:15-6:15 PM - Modern  
Tu 6:15-7:45 PM  
Th 4:30-5:30 PM - Conditioning  
Th 5:30-7:30 PM  
F 4:00 - 5:30 PM  
F 5:45-6:45 PM - Jazz (Additional fee)\*  
Sa 11:00 AM-1:00 PM

## Tuition: \$5,750

**Conservatory Division 1**  
M 3:45-5:30 PM  
M 5:30-6:30 PM - Pointe  
Tu 2:30-3:30 PM - Rotating Private Lessons  
Tu 3:45-5:15 PM  
Tu 5:15-6:15 PM - Pointe  
W 3:30-4:30 PM - Rotating Private Lessons  
Th 2:45-3:45 PM - Rotating Private Lessons  
Th 3:45-5:30 PM  
Th 5:30-6:30 PM - Pilates  
Th 6:30-7:30 PM - Jazz or CD Men's class  
F 2:45-3:45 PM - Rotating Private Lessons  
F 3:45-5:30 PM  
F 5:30-6:30 PM - Pointe/Variation  
Sa 1:15-2:45 PM

(CD 1 - 3 private lessons per year)

## Tuition: \$5,875

**Conservatory Division 2/3**  
M 2:45-3:45 PM - Rotating Private Lessons  
M 3:45-5:30 PM  
M 5:30-6:30 PM - Contemporary  
M 6:30-7:30 PM - Pilates/Conditioning  
Tu 2:30-3:30 PM - Rotating Private Lessons  
Tu 3:45-5:15 PM  
Tu 5:15-6:15 PM - Pointe/Variation  
W 3:30-4:30 PM - Rotating Private Lessons  
Th 2:45-3:45 PM - Rotating Private Lessons  
Th 3:45-5:30 PM  
Th 5:30-6:30 PM - Jazz  
Th 6:30-7:30 PM - CD Men's class  
F 2:45-3:45 PM - Rotating Private Lessons  
F 3:45-5:30 PM  
F 5:30-6:30 PM - Pointe/Variation  
Sa 1:15-2:45 PM - Company Class

(CD 2 & 3 - 5 private lessons per year)

**CD 1 through 3 students may take unlimited Adult classes without extra charge during their enrollment.**

\* Any additional semester class will be offered to all PreProfessional Division students at **50% off** the regular semester tuition!

## ENROLLMENT, PAYMENTS AND TUITION

**Tuition is not refundable** (unless the Center cancels a class or workshop). BalletNova Center for Dance is a 501(c) (3) non-profit organization and cannot provide refunds. **If a student decides to voluntarily drop out of a class, they are still responsible for the full tuition.**

Tuition shown is for the full academic year, from September 2019 through June 2020. Re-enrollment will not be necessary for the winter-spring semester except for additionally enrolled Enrichment Division classes. Tuition may be paid in full or monthly in installments. Dancers joining the program throughout the year will receive a pro-rated tuition for the remaining classes. All pre-professional students will be required to sign a dance school contract for the year.

**Attendance/Punctuality:** Students who are more than 10 minutes late will be asked to return for a makeup on another day, or take a later class (missing the initial warm-up can contribute to injury; latecomers also disrupt the class for the teacher and other students). If a dancer is going to be absent you should call or email the studio to excuse the child. Dancers can take a makeup class in an equivalent or lower level class. Make-ups cannot be taken during observation classes in January and June (contact the studio for schedule information during those months). Make ups are not available between family members and must be taken within the same semester.

**Etiquette:** Dancers will show respect and courtesy for all students, teachers and staff members. Disruptive and improper behavior will not be tolerated – neither will bullying, negative, derogatory comments, or overblown egos. At BalletNova, we all support and encourage each other. Parents are requested to sit in the community room during class, and not in the hallways. See full details on payments, policies and procedures in our Brochure or website.

**www.BalletNova.org**