



Since 1981, the BalletNova Center for Dance (previously Arlington Center for Dance) has been recognized as one of Northern Virginia's and Metro DC's premier dance education centers.

BalletNova is dedicated to educating and mentoring dancers in a positive,

nurturing environment. The school instills in its students an understanding that they can push themselves and reach their fullest potential while still caring for their bodies, balancing their lives, and learning healthy life habits.

ADULTS *Weekend* SUMMER INTENSIVE

For adults 18 and over

**Saturday, August 18 &
Sunday, August 19**

- 1) **Ballet & Variations**
with **Matthew Powell**
10:00 am-1:00 pm . Tuition \$175.00
- 2) **Modern (Graham) & Jazz**
with **Jeremy McShan & Constance Walsh**
1:30 - 4:30 pm . Tuition \$175.00
- 3) **Both Ballet & Modern/Jazz**
10:00 am-4:30 pm . Tuition \$310.00

All participants age 21+ are invited to a wine tasting with the award winning sommelier Chad Walsh on Sunday 8/19 at 5:30 pm!

BalletNova Center for Dance

Laveen Naidu, Artistic Director
Jenna Ward, Managing Director
Constance Walsh, Dir. of Enrichment & Adults Programs
Deko Ruch, Registration & Front Desk Manager
Kacie Peterson, Program Manager

Faculty

Kristina Ancil Edwards

Candy Braden Lumpkin

Cynthia Bragg

Colleen Buck

Silvia Burstein

Carole Ann Clark

Shu-Chen Cuff

Sabrina Cohn

Alissa Dill

Leslie Kidd Egge

Becky Epstein

Pat Foreman

Fiona Green

Christina Huertas

Danielle Moretti King

Abby Leithart

Jeremy McShan

Harriet Moncure Fellows

Lynne Mulligan

Carmen Perez

Mark Rubin

Elizabeth Spatz

Michael Stokes

Maggie Sullivan

Meredith Swift

Veronique Tran

Amy Tsui



Adult Division *Summer 2018*



BalletNova Center for Dance
3443 Carlin Springs Road
Falls Church, VA 22041
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www.BalletNova.org

ADULT CLASS SCHEDULE

July 2 - August 26, 2018 (8 weeks)

Tuition: \$138

Monday

10:45 am - 11:45 am 460 - Floor Barre (Rubin)
 11:45 am-1 pm 410 - Adv Beg Ballet w/pianist (Rubin)
 6:15 pm-7:30 pm 407 - Beg Ballet (non Beg) w/pianist (Walsh)
 7:30 pm- 8:45 pm 401 - Basic Beginning Ballet (E. Watson)
 7:30 pm-9 pm 452 - Int Contempo/Mod (Greymont)
 7:30 pm-9 pm 418 - Int Ballet w/pianist (Walsh)

Thursday

9:30 am-10:30 am 433 - *4wk Adv Beg Tap (Braden)
 10 am-11:30 am 420 - Int Ballet w/pianist (Burststein)
 10:30 am-11:45 am 436 - *4wk Advanced Tap (Braden)
 11:30 am-12:45 pm 406 - 50+ Basic Beginning Ballet (Tran)
 11:45 am-1 pm 413 - Adv Beg Ballet w/pianist (Burststein)
 6:30 pm - 7:30 pm 443 - Basic Beginning Hip Hop (McShan)
 7:30 pm - 8:45 pm 444 - Basic Beginning Theater Dance (McShan)
 7:30 pm-8:45 pm 403 - Basic Beginning Ballet (Tran)
 7:30 pm-9:00 pm 414 - Adv Beg Ballet w/pianist (Walsh)
 7:30 pm-9:00 pm 441 - Int Jazz (Styles)

433 - *4wk Adv Beg Tap (Braden)
 420 - Int Ballet w/pianist (Burststein)
 436 - *4wk Advanced Tap (Braden)
 406 - 50+ Basic Beginning Ballet (Tran)
 413 - Adv Beg Ballet w/pianist (Burststein)
 443 - Basic Beginning Hip Hop (McShan)
 444 - Basic Beginning Theater Dance (McShan)
 403 - Basic Beginning Ballet (Tran)
 414 - Adv Beg Ballet w/pianist (Walsh)
 441 - Int Jazz (Styles)

Tuesday

10 am-11:30 am 419 - Int Ballet w/pianist (MoncureFellows)
 10 am-11:30 am 451 - Modern/Improv 1/2(Burststein)
 11:30 am-12:45 pm 405 - 50+ Basic Beginning Ballet (Burststein)
 11:45 am-1:00 pm 422 - Beginning Ballet (non Beg) (Perez)
 6:15 pm-7:30 pm 435 - *4wk Advanced Tap (Braden)
 7 pm-8:15 pm 450 - Beginning Modern (Dill)
 7:30 pm-9:00 pm 411 - Adv Beg Ballet w/pianist (Cuff)
 7:30 pm-8:45 pm 434 - *3wk Intermediate Tap (Braden)

6:30 pm - 7:30 pm 433 - *4wk Adv Beg Tap (Braden)
 7:30 pm - 8:45 pm 440 - Basic Beginning Ballet (Burststein)
 7:30 pm-9:00 pm 411 - Adv Beg Ballet w/pianist (Cuff)
 7:30 pm-9:00 pm 434 - *3wk Intermediate Tap (Braden)

Wednesday

9:00 am-10:00 am 430 - *Basic Beginning Tap (Braden)
 10:45 am-11:45 am 461 - Floor Barre (Rubin)
 11:45 am-1 pm 412 - Adv Beg Ballet (Rubin)
 6:45 pm-8:00 pm 432 - *4wk Adv Beg Tap (Braden)
 7:30 pm - 8:45 pm 402 - Basic Beginning Ballet (King)
 7:30 pm - 8:30 pm 440 - Basic Beginning Jazz (Styles)
 7:30 pm-8:45 pm 408 - Beginning Ballet (non Beg) (Tran)
 7:30 pm-9 pm 442 - Int. Broadway Theater (M. Watson)
 8:00 pm-9:00 pm 431 - *4wk Basic Beginning Tap (Braden)

8:15 am-9:30 am 462 - Flex-Stretch (Karen Lewis)
 9:00 am-10:15 am 404 - Basic Beginning Ballet (Sullivan)
 9:30 am-11:00 am 416 *Adv Beg Ballet(Wunder)(July only)
 10:00 am-11:00 am 464 - Cardio Barre (Foreman)
 11:15 am-12:15 pm 465 - Conditioning for Ballet (Foreman)
 12 pm -1:30 pm 421 - Int Ballet (Burststein)

Sunday

10 am-11:30 am 422 - Adv Int Ballet w/pianist (Walsh)
 10:15 am - 11:15 am 466 *Dance Cardio (Wunder)(July only)
 11:30 am-12:30 pm 465 - Pilates w/Props (Foreman)
 11:30 am-1:00 pm 417- Adv Beg Ballet w/pianist Walsh)
 1:00 pm-2:15 pm 463 - Yoga Stretch (Walsh)

10 am-11:30 am 422 - Adv Int Ballet w/pianist (Walsh)
 10:15 am - 11:15 am 466 *Dance Cardio (Wunder)(July only)
 11:30 am-12:30 pm 465 - Pilates w/Props (Foreman)
 11:30 am-1:00 pm 417- Adv Beg Ballet w/pianist Walsh)
 1:00 pm-2:15 pm 463 - Yoga Stretch (Walsh)

- 4 wks Tap classes: July 10 - Aug 2 only Tuition \$69
- 4 wks Wunder classes: July 7 - July 28 only Tuition \$69

Walk-in and Trials: \$20 per class

CLASS PASS (Nontransferable, non refundable, good for 6 months)

- * **5-class PASS:** \$90
- * **10-class PASS:** \$170
- * **Unlimited Monthly PASS:** \$240 (good for 30 days)
- * **Unlimited Trimester PASS:** \$750 (good for 120 days)

5 and 10 class PASS can be purchased online through Portal (require log in info)

Professional Dancer \$10 per class (Send request for approval to cwalsh@BalletNova.org with resume)

CD Graduate Dancer Rate \$10 per class (Must have obtained Conservatory Division Level prior to graduating or leaving BalletNova)

Extra Classes: \$15 per class (Good only while registered)

Private lessons: \$90 per hour; \$45 per ½ hour (subject to additional fees based on type of lesson and instructor)

Enrollment: \$138 (full 8 week semester)

- Tap class only during July 10- Aug 2 Tuition \$69
- Irina Wunder class only in July Tuition \$69

Enrollment is the most cost effective, guarantees your space in class and does not require you to check in at the front desk each time you come to class. Tuition can be pro-rated for new students. Tuition is non-refundable. Payments accepted by cash, check or credit card (\$25 charge for returned checks/cards). Enrolling also ensures that you will receive all pertinent communications. Make up classes may be taken if a class is missed. Enrolled students also have the option to take additional classes at a discounted rate. Students with class PASS and those who are taking a walk-in or trial class must check in at the front desk prior to class. If a class is fully enrolled, class PASS and walk-in students will be admitted on a space available only. See full details on our website at BalletNova.org. If you are enrolling in more than 2 classes per week as an individual or family, we offer a family/multiple class discount if enrollments are received by the designated deadline and are for the entire semester. Enrollment forms for all returning students should be postmarked by a certain date to avoid a registration fee of \$20. Tuition can be paid in installments. All payments must be made by the end of the semester.