

Since 1981, the BalletNova Center for Dance (previously Arlington Center for Dance) has been recognized as one of Northern Virginia's and Metro DC's premier dance education centers. BalletNova is dedicated to educating and mentoring dancers in a positive, nurturing environment. The school instills in its students an understanding that they can push themselves and reach their fullest potential while still caring for their bodies, balancing their lives, and learning healthy life habits.



Our Young Children's Classes are designed to allow young children to explore movement through music, develop physical skills, channel energy, and stimulate imagination and creativity. Dance training enhances cognitive learning skills such as memory and communication.

The emphasis for each class is to learn good clean technique, improve strength and flexibility, and build a vocabulary of steps. Students are expected to work hard and challenge themselves to improve.

Students can choose from a variety of classes in different styles of dance. Age 9-16 level classes offer a End of the Year performance in June - students that register for the spring semester by March 1st with good attendance will be invited to participate.

Check with BalletNova studios or website for updated schedule. Please see full brochure or website for detailed class and policies information. See back for rates. Tuition is not refundable.



BalletNova Center for Dance

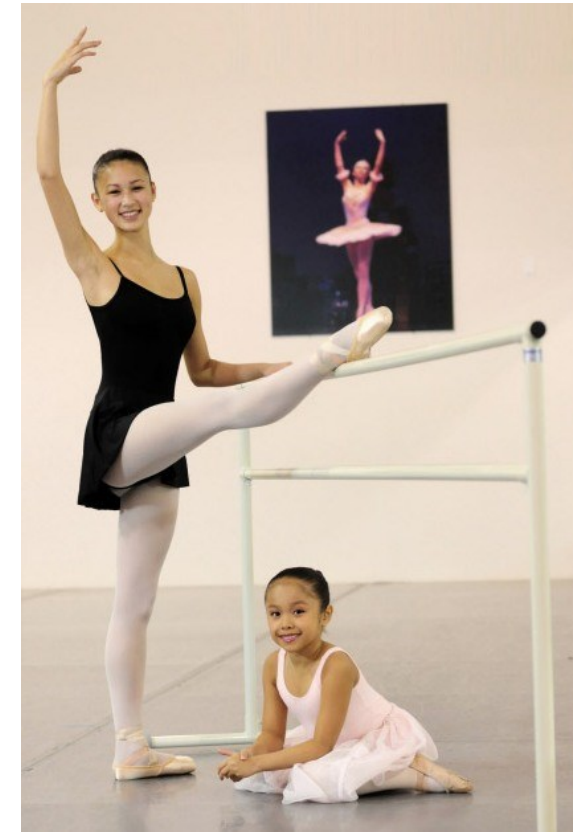
Constance Walsh, Director of Enrichment & Adult Programs
 Jenna Ward, Managing Director
 Deko Ruch, Registration & Front Desk Manager
 Kacie Peterson, Program Manager

Faculty

- Candy Braden Lumpkin
- Cynthia Bragg
- Colleen Buck
- Silvia Burstein
- Carole Ann Clark
- Shu-Chen Cuff
- Becky Epstein
- Pat Foreman
- Fiona Green
- Abby Leithart
- Jeremy McShan
- Harriet Moncure Fellows
- Lynne Mulligan
- Carmen Perez
- Mark Rubin
- Kyoko Ruch
- Elizabeth Spatz
- Michael Stokes
- Maggie Sullivan
- Meredith Swift
- Maria Watson
- Irina Wunder
- Hilary Zeiss



Children *Fall 2018*



BalletNova Center for Dance
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 Falls Church, VA 22041
 703.778.3008 • info@balletnova.org
www.BalletNova.org

CLASS SCHEDULE

September 4, 2018 - February 3, 2019 (20 weeks)

Subject to change

Discovering Dance (Ages 3-4)

Tu 4:45-5:30 pm Class No. 1
W 4:00-4:45 pm Class No. 2
Sa 9:00-9:45 am Class No. 3
Sa 10:30-11:15 am Class No. 4
Su 10:15-11:00 am Class No. 5

Pre-Ballet 1 (Ages 4-5)

M 4:15-5:00 pm Class No. 6
M 5:00-5:45 pm Class No. 7
W 4:45-5:30 pm Class No. 8
F 5:00-5:45 pm Class No. 9
Sa 9:45-10:30 am Class No. 10
Su 11:00-11:45 am Class No. 11

Pre-Ballet 2 (Ages 5-6)

M 4:45-5:30 pm Class No. 12
Tu 5:30-6:15 pm Class No. 13
W 4:15-5:00 pm Class No. 14
W 5:30-6:15 pm Class No. 15
Sa 11:15-12:00 pm Class No. 16
Sa 12:00-12:45 pm Class No. 17
Su 11:45-12:30 pm Class No. 18

Ballet 1 (Ages 6-8)

W 5:00-6:00 pm Class No. 19
Th 4:30-5:30 pm Class No. 20
Sa 9:00-10:00 am Class No. 21
Sa 11:00-12:00 pm Class No. 22

Ballet 2 (Ages 7-9)

M 4:30-5:30 pm Class No. 23
Tu 5:15-6:15 pm Class No. 24
Sa 10:00-11:00 am Class No. 25

Tap (Ages 6-8)

Sa 1:00-1:45 pm Class No. 26- Level 1/2



Youth Ballet (Ages 9-12)

Sa 12:15-1:15 pm Class No. 30 - Level 1
W 6:00-7:00 pm Class No. 31 - Level 2/3

Youth Tap (Ages 9-12)

M 5:45-6:45 pm Class No. 32 - Level 1/2
M 6:45-7:45 pm Class No. 33 - Level 3/4

Youth Jazz (Ages 9-12)

F 6:45-7:45 pm Class No. 35 - Beginning
M 6:30-7:30 pm Class No. 36 - Intermediate

Youth Hip Hop (Ages 9-12)

W 6:15-7:15 pm Class No. 37 - Beginning
W 5:00-6:00 pm Class No. 38 - Intermediate

Youth Modern (Ages 9-12)

Tu 6:15-7:15 pm Class No. 39 - Level 1/2

Teen Ballet (Ages 13-16)

Sa 3:15-4:30 pm Class No. 40 - Beginning
Sa 2:00-3:15 pm Class No. 41 - Intermediate

Teen Tap (Ages 13-16)

W 6:15-7:15 pm Class No. 44 - Level 1/2

Teen Jazz & Hip Hop (Ages 13-16)

Sa 2:15-3:15 pm Class No. 45 - Jazz/Hip Hop Level
Sa 3:15-4:15 pm Class No. 46 - Jazz/Hip Hop Intermediate
F 5:45-6:45 pm Class No. 47 - Jazz Intermediate

Teen Modern (Ages 13-16)

M 7:30-8:30 pm Class No. 49 - Beginning

ENROLLMENT, PAYMENTS AND TUITION

Tuition: \$ 395 (full 20 wks)

If enrolled in two or more classes, Automated Installment Options available (fee incurs) in direct debit or credit card payment. Separate installment form must be submitted with registration form.

Tuition is not refundable (unless the Center cancels a class or workshop). BalletNova Center for Dance is a 501(c) (3) non-profit organization and cannot provide refunds. **If a student decides to voluntarily drop out of a class, they are still responsible for the full tuition.**

Enrollment: Enrollment for classes is on a first-come, first-served basis. Class sizes are limited; register early to ensure desired class time. New students are accepted throughout the semester on a prorated basis.

Attendance/Punctuality: Students who are more than 10 minutes late will be asked to return for a makeup on another day, or take a later class (missing the initial warm-up can contribute to injury; latecomers also disrupt the class for the teacher and other students). If a dancer is going to be absent you should call or email the studio to excuse the child. Dancers can take a makeup class in an equivalent or lower level class . Make-ups cannot be taken during observation classes in January and June (contact the studio for schedule information during those months). Make ups are not available between family members and must be taken within the same semester .

Etiquette: Dancers will show respect and courtesy for all students, teachers and staff members. Disruptive and improper behavior will not be tolerated – neither will bullying, negative, derogatory comments, or overblown egos. At BalletNova, we all support and encourage each other. Parents are requested to sit in the community room during class, and not in the hallways. Children under the age of 15 are not allowed to sit in the studio during an adult class. If children cannot quietly (as determined by the instructor) sit in the hallway or in the waiting room parents need to make babysitting arrangements for them outside of the studio premises

See full details on payments, policies and procedures in our Brochure or website.

www.BalletNova.org