

Since 1981, the BalletNova Center for Dance (previously Arlington Center for Dance) has been recognized as one of Northern Virginia's and Metro DC's premier dance education centers. BalletNova is dedicated to educating and mentoring dancers in a positive, nurturing environment. The school instills in its students an understanding that they can push themselves and reach their fullest potential while still caring for their bodies, balancing their lives, and learning healthy life habits.



Our Young Children's Classes are designed to allow young children to explore movement through music, develop physical skills, channel energy, and stimulate imagination and creativity. Dance training enhances cognitive learning skills such as memory and communication.

The emphasis for each class is to learn good clean technique, improve strength and flexibility, and build a vocabulary of steps. Students are expected to work hard and challenge themselves to improve.

Students can choose from a variety of classes in different styles of dance. Age 9-16 level classes offer a End of the Year performance in June - students that register for the spring semester by March 1st with good attendance will be invited to participate.

Check with BalletNova studios or website for updated schedule. Please see full brochure or website for detailed class and policies information. See back for rates. Tuition is not refundable.



## BalletNova Center for Dance

### Artistic Director

Matthew Powell

### Director of Adults, Youth and Teen Programs

Constance Walsh

### Managing Director: Jenna Ward

Registration & Front Desk Manager: Deko Ruch

Program Manager: Kacie Peterson

### Faculty

Candy Braden Lumpkin

Cynthia Bragg

Colleen Buck

Silvia Burstein

Carole Ann Clark

Lisa Clarkson

Sabrina Cohn

Shu-Chen Cuff

Leslie Kidd Egge

Becky Epstein

Pat Foreman

Samantha Greymont

Abby Leithart

Jeremy McShan

Harriet Moncure Fellows

Lynne Mulligan

Carmen Perez

Melanie Riffie

Denise Rose

Mark Rubin

Kyoko Ruch

Elizabeth Spatz

Meredith Swift

Veronique Tran

Amy Tsui

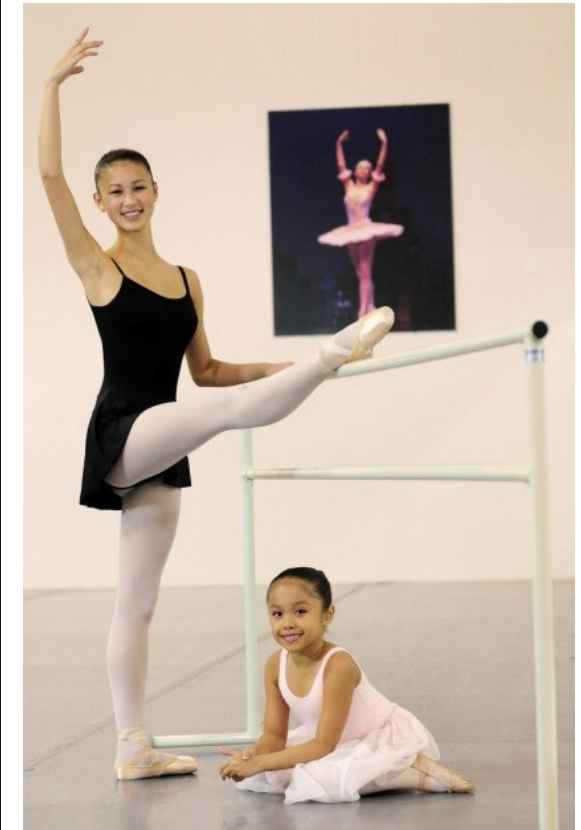
Ann Marie Turnage

Maria Watson

Irina Wunder



## Children Fall 2019



BalletNova Center for Dance

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Falls Church, VA 22041

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[www.BalletNova.org](http://www.BalletNova.org)

# CLASS SCHEDULE

September 3, 2019 - February 2, 2020 (20 weeks)

## Subject to Change

### \*\*\* Young Children's Division \*\*\*

#### Discovering Dance (Ages 3-4)

Tu	4:45-5:30 pm	Class No. 1
W	4:00-4:45 pm	Class No. 2
Sa	9:00-9:45 am	Class No. 3
Sa	10:30-11:15 am	Class No. 4
Su	10:15-11:00 am	Class No. 5

#### Pre-Ballet 1 (Ages 4-5)

M	4:15-5:00 pm	Class No. 6
M	5:00-5:45 pm	Class No. 7
W	4:45-5:30 pm	Class No. 8
F	5:00-5:45 pm	Class No. 9
Sa	9:45-10:30 am	Class No. 10
Su	11:00-11:45 am	Class No. 11

#### Pre-Ballet 2 (Ages 5-6)

M	4:45-5:30 pm	Class No. 12
Tu	5:30-6:15 pm	Class No. 13
W	4:15-5:00 pm	Class No. 14
W	5:30-6:15 pm	Class No. 15
Sa	11:15-12:00 pm	Class No. 16
Sa	12:00-12:45 pm	Class No. 17
Su	11:45-12:30 pm	Class No. 18

#### Ballet 1 (Ages 6-8)

W	5:00-6:00 pm	Class No. 19
Th	4:30-5:30 pm	Class No. 20
Sa	9:00-10:00 am	Class No. 21
Sa	11:00-12:00 pm	Class No. 22

#### Ballet 2 (Ages 7-9)

M	4:30-5:30 pm	Class No. 23
Tu	5:15-6:15 pm	Class No. 24
Sa	10:00-11:00 am	Class No. 25

#### Young Tap (Ages 6-8)

Sa	1:00-1:45 pm	Class No. 27- Beginning
Sa	12:15-1:00 pm	Class No. 28-Intermediate

## ENROLLMENT, PAYMENTS AND TUITION

### Tuition: \$ 395 (full 20 wks)

#### Annual registration fee \$25

If enrolled in two or more classes, multiple class discount is available through the first day of semester. Automated Installment Options available (fee incurs) in direct debit or credit card payment. Separate installment form must be submitted with registration form.

**Tuition is not refundable** (unless the Center cancels a class or workshop). BalletNova Center for Dance is a 501(c) (3) non-profit organization and cannot provide refunds. **If a student decides to voluntarily drop out of a class, they are still responsible for the full tuition.**

**Enrollment:** Enrollment for classes is on a first-come, first-served basis. Class sizes are limited; register early to ensure desired class time. New students are accepted throughout the semester on a prorated basis.

**Attendance/Punctuality:** Students who are more than 10 minutes late will be asked to return for a makeup on another day, or take a later class (missing the initial warm-up can contribute to injury; latecomers also disrupt the class for the teacher and other students). If a dancer is going to be absent you should call or email the studio to excuse the child. Dancers can take a makeup class in an equivalent or lower level class. Make-ups cannot be taken during observation classes in January and June (contact the studio for schedule information during those months). Make ups are NOT available between family members and must be taken within the same semester.

**Etiquette:** Dancers will show respect and courtesy for all students, teachers and staff members. Disruptive and improper behavior will not be tolerated – neither will bullying, negative, derogatory comments, or overblown egos. At BalletNova, we all support and encourage each other. Parents are requested to sit in the community room during class, and not in the hallways.

See full details on payments, policies and procedures in our Brochure or website.

[www.BalletNova.org](http://www.BalletNova.org)

### \*\*\* Youth Division \*\*\*

#### Youth Ballet (Ages 9-12)

Sa	12:15-1:15 pm	Class No. 30 - Level 1
W	6:00-7:00 pm	Class No. 31 - Level 2/3

#### Youth Tap (Ages 9-12)

M	5:45-6:45 pm	Class No. 32 - Level 1/2
M	6:45-7:45 pm	Class No. 33 - Level 3/4

#### Youth Jazz (Ages 9-12)

F	6:45-7:45 pm	Class No. 34 - Beginning
M	6:30-7:30 pm	Class No. 35 - Intermediate (JD 4)

#### Youth Modern (Ages 9-12)

Tu	6:15-7:15 pm	Class No. 36 - Level 1/2
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#### Boys Class (Ages 7-12)

**Students must be enrolled in a Ballet class**  
W 4:30-5:30 pm Class No. 37

### \*\*\* Teen Division \*\*\*

#### Teen Ballet (Ages 13-16)

Sa	3:15-4:30 pm	Class No. 40 - Beginning
Sa	2:00-3:15 pm	Class No. 41 - Intermediate

#### Teen Tap (Ages 13-16)

W	7:15-8:45 pm	Class No. 42 - Level 1/2
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#### Teen Jazz & Hip Hop (Ages 13-16)

W	6:15-7:15 pm	Class No. 43 - Hip Hop/Jazz Beginning
W	5:15-6:15 pm	Class No. 44 - Hip Hop Intermediate
F	5:45-6:45 pm	Class No. 45 - Jazz Intermediate (JD 5/6)

#### Teen Modern (Ages 13-16)

M	7:30-8:30 pm	Class No. 47 - Beginning
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Note: Students over 15 yo may take adult classes

