

Since 1981, the BalletNova Center for Dance (previously Arlington Center for Dance) has been recognized as one of Northern Virginia's and Metro DC's premier dance education centers. BalletNova is dedicated to educating and mentoring dancers in a positive, nurturing environment. The school instills in its students an understanding that they can push themselves and reach their fullest potential while still caring for their bodies, balancing their lives, and learning healthy life habits.



Our Young Children's Classes are designed to allow young children to explore movement through music, develop physical skills, channel energy, and stimulate imagination and creativity. Dance training enhances cognitive learning skills such as memory and communication.

The emphasis for each class is to learn good clean technique, improve strength and flexibility, and build a vocabulary of steps. Students are expected to work hard and challenge themselves to improve.

Students can choose from a variety of classes in different styles of dance. Age 9-16 level classes offer a End of the Year performance in June - students that register for the spring semester by March 1st with good attendance will be invited to participate.

Check with BalletNova studios or website for updated schedule. Please see full brochure or website for detailed class and policies information. See back for rates. Tuition is not refundable.



## BalletNova Center for Dance

Constance Walsh, Principal of Pre-Professional Program & Director of Adult Division

Jenna Ward, Managing Director

Deko Ruch, Registration & Front Desk Manager

Kacie Peterson, Program Manager

### Faculty

Candy Braden Lumpkin

Cynthia Bragg

Colleen Buck

Silvia Burstein

Carole Ann Clark

Sabrina Cohn

Shu-Chen Cuff

Leslie Egge

Becky Epstein

Pat Foreman

Samantha Greymont

Danielle King

Abby Leithart

Karen Lewis

Jeremy McShan

Harriet Moncure Fellows

Lynne Mulligan

Carmen Perez

Da'Shawn Rawl

Melanie Riffée

Mark Rubin

Kyoko Ruch

Elizabeth Spatz

Maggie Sullivan

Meredith Swift

Veronique Tran

Amy Tsui

Ann Marie Turnage

Maria Watson

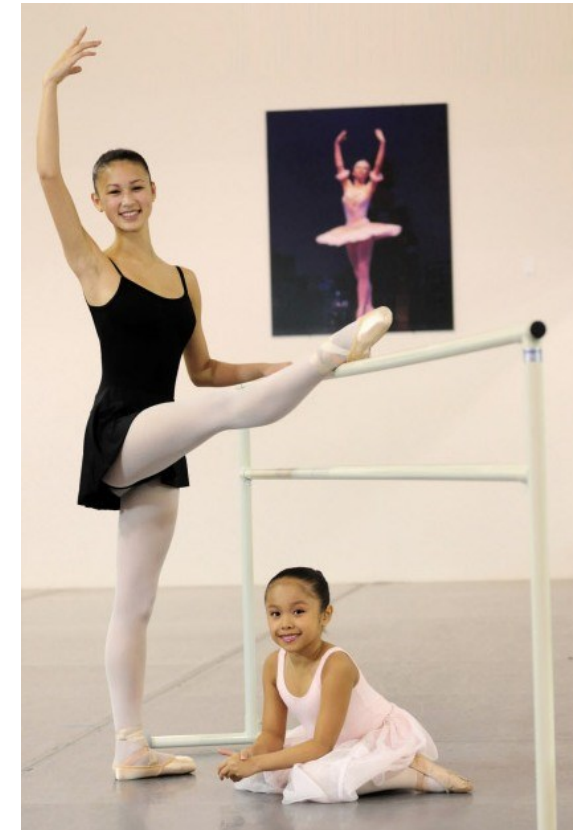
Irina Wunder

Hilary Zeiss



## Children

## Winter Spring 2019



BalletNova Center for Dance

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[www.BalletNova.org](http://www.BalletNova.org)

# CLASS SCHEDULE

February 4 - June 23, 2019 (19 weeks)

## Subject to change

### Discovering Dance (Ages 3-4)

Tu	4:45-5:30 pm	Class No. 1
W	4:00-4:45 pm	Class No. 2
Sa	9:00-9:45 am	Class No. 3
Sa	10:30-11:15 am	Class No. 4
Su	10:15-11:00 am	Class No. 5

### Pre-Ballet 1 (Ages 4-5)

M	4:15-5:00 pm	Class No. 6
M	5:00-5:45 pm	Class No. 7
W	4:45-5:30 pm	Class No. 8
F	5:00-5:45 pm	Class No. 9
Sa	9:45-10:30 am	Class No. 10
Su	11:00-11:45 am	Class No. 11

### Pre-Ballet 2 (Ages 5-6)

M	4:45-5:30 pm	Class No. 12
Tu	5:30-6:15 pm	Class No. 13
W	4:15-5:00 pm	Class No. 14
W	5:30-6:15 pm	Class No. 15
Sa	11:15-12:00 pm	Class No. 16
Sa	12:00-12:45 pm	Class No. 17
Su	11:45-12:30 pm	Class No. 18

### Ballet 1 (Ages 6-8)

W	5:00-6:00 pm	Class No. 19
Th	4:30-5:30 pm	Class No. 20
Sa	9:00-10:00 am	Class No. 21
Sa	11:00-12:00 pm	Class No. 22
Sa	12:45-1:45 pm	Class No. 27

### Ballet 2 (Ages 7-9)

M	4:30-5:30 pm	Class No. 23
Tu	5:00-6:00 pm	Class No. 24
Sa	10:00-11:00 am	Class No. 25

### Tap (Ages 6-8)

Sa	1:00-1:45 pm	Class No. 26- Level 1/2
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### Youth Ballet (Ages 9-12)

Sa	12:15-1:15 pm	Class No. 30 - Level 1
W	6:00-7:00 pm	Class No. 31 - Level 2/3

### Youth Tap (Ages 9-12)

M	5:45-6:45 pm	Class No. 32 - Level 1/2
M	6:45-7:45 pm	Class No. 33 - Level 3/4

### Youth Jazz & Hip Hop (Ages 9-12)

M	6:30-7:30 pm	Class No. 36 - Jazz Intermediate
F	6:45-7:45 pm (pending)	Class No. 37 - Jazz & Hip Hop Beginning

### Youth Modern (Ages 9-12)

Tu	6:15-7:15 pm	Class No. 39 - Level 1/2
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### Teen Ballet (Ages 13-16)

Sa	3:15-4:30 pm	Class No. 40 - Beginning
Sa	2:00-3:15 pm	Class No. 41 - Intermediate

### Teen Tap (Ages 13-16)

W	7:00-8:00 pm	Class No. 44 - Level 1/2
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### Teen Jazz & Hip Hop (Ages 13-16)

Sa	2:15-3:15 pm	Class No. 45 - Jazz/Hip Hop Level
Sa	3:15-4:15 pm	Class No. 46 - Jazz/Hip Hop Intermediate
F	5:45-6:45 pm	Class No. 47 - Jazz Intermediate

### Teen Modern (Ages 13-16)

M	7:30-8:30 pm	Class No. 49 - Beginning
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## *Young Children's 4 week Workshop*

for ages 4-6

Tuition: \$130.00 (incl. supply fee)

4 Sunday Afternoons: 2:00 - 3:30 pm

Colleen Buck

*Around the World* Workshop

March 3-24, 2019 (4 weeks)

## ENROLLMENT, PAYMENTS AND TUITION

**Tuition: \$ 375 (full 19 wks)**

If enrolled in two or more classes, Automated Installment Options available (fee incurs) in direct debit or credit card payment. Separate installment form must be submitted with registration form.

**Tuition is not refundable** (unless the Center cancels a class or workshop). BalletNova Center for Dance is a 501(c) (3) non-profit organization and cannot provide refunds. **If a student decides to voluntarily drop out of a class, they are still responsible for the full tuition.**

**Enrollment:** Enrollment for classes is on a first-come, first-served basis. Class sizes are limited; register early to ensure desired class time. New students are accepted throughout the semester on a prorated basis.

**Attendance/Punctuality:** Students who are more than 10 minutes late will be asked to return for a makeup on another day, or take a later class (missing the initial warm-up can contribute to injury; latecomers also disrupt the class for the teacher and other students). If a dancer is going to be absent you should call or email the studio to excuse the child. Dancers can take a makeup class in an equivalent or lower level class. Make-ups cannot be taken during observation classes in January and June (contact the studio for schedule information during those months). Make ups are not available between family members and must be taken within the same semester.

**Etiquette:** Dancers will show respect and courtesy for all students, teachers and staff members. Disruptive and improper behavior will not be tolerated – neither will bullying, negative, derogatory comments, or overblown egos. At BalletNova, we all support and encourage each other. Parents are requested to sit in the community room during class, and not in the hallways. Children under the age of 15 are not allowed to sit in the studio during an adult class. If children cannot quietly (as determined by the instructor) sit in the hallway or in the waiting room parents need to make babysitting arrangements for them outside of the studio premises

See full details on payments, policies and procedures in our Brochure or website.

[www.BalletNova.org](http://www.BalletNova.org)